

**14th Annual
Hospice & Palliative Care Conference**

Overcoming Barriers: Seize the Opportunity



Thursday
June 8, 2006

Fort MacArthur, San Pedro, CA

Sponsored by:

- ❖ VA Greater Los Angeles Healthcare System

In Collaboration with:

- ❖ VA Geriatric Research Education and Clinical Center (GRECC)
- ❖ VA Long Beach Healthcare System
- ❖ California Geriatric Education Center (CGEC)
- ❖ Cedars-Sinai Palliative Care and Hospice Program
- ❖ Kaiser Permanente
- ❖ Northridge Hospital Palliative Care
- ❖ Osher Lifelong Learning Institute, California State University, Los Angeles
- ❖ TrinityCare Hospice
- ❖ VITAS Innovative Hospice Care

- ❖ **Conference Location:**
Fort MacArthur - Community Center
2400 Pacific Avenue
San Pedro, CA 90731

- ❖ **Conference Information:**
The conference fee covers continental breakfast, lunch, refreshments, program and course materials. Refunds requested by May 21, 2006 will be honored. Space is limited, please register early.
For a brochure with registration contact:
Marcie Stahl, Conference Secretary, Sepulveda VA GRECC, E-mail: Marcie.Stahl@va.gov
Tel. (818) 895-9311, FAX (818) 895-9519.

- ❖ **Directions:**
Take any Fwy to 110 Harbor Fwy South (or from Long Beach, take Vincent Thomas Bridge) to Gaffey Street (end of Fwy). Go south on Gaffey Street to 22nd Street. Turn left on 22nd Street, go two blocks to Pacific Ave., turn right on Pacific Ave. The main gate is approximately 1½ blocks, on the left side.

- ❖ **Note:**
Fort MacArthur is an active military reservation. Conference participants must be on the guest list to be admitted onto the base and you may be asked to show I.D. and/or vehicle registration or proof of insurance. Car-pooling is encouraged. We recommend early arrival because parking is limited.

- ❖ **Hotel:**
A block of rooms has been reserved at The Marina Hotel, Port of Los Angeles, San Pedro, (less than one block away) at a special conference rate of \$95 plus tax. This special rate will be available for reservations made by May 18, 2006. For reservations call: (310) 514-3344, Ext. 423 or 1-866-397-3376, identify yourselves as members of the "Veterans Administration Medical Center Group."

- ❖ **Accreditation:**
▶ **CEU: Nursing** Continuing Education Units provided by the California Board of Registered Nurses, provider #321 has approved this program for 6 contact hours

- ▶ **CEU: Social Work** Continuing Education Units provided by Veterans Affairs Greater Los Angeles Healthcare System, provider #PCE430. Course meets the qualifications for 6 hours of continuing education credit for MFCCs and/or LCSWs as required by the California Board of Behavioral Sciences.

- ▶ **NHAP:** Nursing Home Administrators Program. An application has been submitted for NHAP CEUs.

❖ Faculty:

- Barbara Allari, RD:** Nutrition Counselor, Trinity Care Hospice, Roze Room Hospice and Kaiser Sunset Hospice, Los Angeles, CA.
- F. Amos Bailey, MD, FACP:** Director, Palliative Care, Birmingham VA Medical Center; Assistant Professor of Internal Medicine, Div. of Geriatric Medicine/ Gerontology and Hematology/Oncology, Univ. of Alabama, Birmingham, AL.
- Eric M. Emont, MD:** Physician, Hospice and Palliative Care, Kaiser Permanente, San Diego, CA.
- Wendy Lustbader, MSW:** Affiliate Assistant Professor, Univ. of Washington, School of Social Work, Seattle, WA
- Joseph McGowan, M.Div:** Chaplain Coordinator, Kaiser Permanente Valley's Service Area Hospice & Palliative Care Program, Panorama City, CA.
- Mario Milch, MD:** Medical Director, Kaiser Permanente Hospice and Palliative Care, Metro Los Angeles, CA.
- Susan C. Miller, PhD, MBA:** Associate Professor of Community Health, Dept. of Community Health and Center for Gerontology & Health Care Research, Brown Medical School, Providence, RI.
- Jeanne Miller-Clark, M.Div, BCC:** Corporate Manager and Chaplain, Mind/ Body/Spirit Center and the Adult Healing Program, M. D. Anderson Cancer Center Orlando, Orlando, FL.
- Janet Offel, MAHL:** Rabbi, Temple Aliyah, Los Angeles, CA.
- Sheryl R. Terkildsen, RN, MSN:** Nurse Manager, Long Term Care Unit /Palliative Care, VA Medical Center Loma Linda, CA.



❖ Accreditation:

▶ CME:

"The VA Greater Los Angeles Healthcare System is accredited by the Institute for Medical Quality and the California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. The VA Greater Los Angeles Healthcare System takes responsibility for the content, quality and scientific integrity of this CME activity."

"The VA Greater Los Angeles Healthcare System designates this educational activity for a maximum of 6 hours *AMA PRA Category 1 credit(s)*TM. Physicians should only claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the *CMA Certification in Continuing Medical Education*."

*Psychologists may use CME in lieu of MCEP.

Overcoming Barriers: Seize the Opportunity



Thursday, June 8, 2006
Fort MacArthur, San Pedro, CA

❖ Course Description:

This 14th annual conference focuses on learning from the obstacles encountered while providing care in different settings for patients and family at end of life. A new method of self care will be introduced.

❖ Objectives – At the completion of this conference, participants should be able to:

- 1) Discuss the impact of palliative care in an acute hospital setting.
- 2) Use strategies that promote healthy grieving by patients and family members and that are consistent with different family patterns for handling grief.
- 3) Apply three self-care strategies to promote the healing process.

❖ Target Audience:

This course has been designed for an interprofessional audience of physicians, nurses, psychologists, social workers, dietitians, pharmacists, physician assistants, chaplains, rehabilitation therapists and nursing home administrators.

7:30 am	Registration (continental breakfast)
8:15 – 8:30	WELCOME
8:30 – 9:30	// KEYNOTE // Integrating Palliative Care into Acute Care: The Comfort Care Order Set <i>F. Amos Bailey, MD, FACP</i>
9:30 – 9:45	Break
9:45 – 10:45	// KEYNOTE // If Not Now, Then When? Handling Sensitive Family Issues in the Care of the Dying <i>Wendy Lustbader, MSW</i>
10:45 – 11:00	Break
11:00 – 12:15	WORKSHOPS A
	1A) Relief of Suffering: Beyond Pain Management <i>F. Amos Bailey, MD, FACP</i>
	2A) Models of End of Life Care in the Nursing Home <i>Susan C. Miller, PhD, MBA</i> <i>Sheryl Terkildsen, RN, MSN</i>
	3A) Overcoming the Barriers to Artificial Nutrition and Hydration <i>Barbara Allari, RD</i>
	4A) “The End”, a documentary film by family members (interactive discussion) <i>Mario Milch, MD</i> <i>Eric M. Emont, MD</i>
12:15 – 1:30	Lunch
1:30 - 2:45	WORKSHOPS B
	1B) Getting into the Fray: Ethical Dilemmas in Assisting Conflicted Families <i>Wendy Lustbader, MSW</i>
	2B) Models of End of Life Care in the Nursing Home <i>Susan C. Miller, PhD, MBA</i> <i>Sheryl Terkildsen, RN, MSN</i>
	3B) Overcoming the Barriers to Artificial Nutrition and Hydration <i>Barbara Allari, RD</i>
	4B) More Than a Final Blessing: How to Integrate Spiritual Care into End of Life Care <i>Reverend Joseph McGowan</i> <i>Rabbi Janet Offel</i>

2:45 - 3:00	Break
3:00 – 4:00	// SPECIAL PRESENTATION // Energy Medicine, Care of Self and Caregivers <i>Jeanne Miller-Clark, M.Div., BCC</i>
4:15 - 4:30	EVALUATIONS
	Planning Committee: Co-Chairs: <i>Beverly Cummings, RN, CHPN</i> VA Greater Los Angeles Healthcare System <i>Jane Weber, MSW, ACSW</i> TrinityCare Hospice VA Greater Los Angeles Healthcare System: <i>Elissa Brown, MSN, APRN, BC, CNS</i> <i>Rosalie Davis-Green, MSW, LCSW</i> <i>Gloria Goetzke, MSW, LCSW</i> <i>Jennifer Grabot-Gomez, RN, CHPN</i> <i>Lauryl Hutchinson, MSW</i> <i>Josea Kramer, PhD</i> <i>Sandy Robertson, MSN, RN</i> <i>Marcie Stahl, Administration</i> <i>Cynthia Thompson, RN</i> <i>Martha Waite, MSW, LCSW</i> VA Long Beach Healthcare System: <i>San San Wong-Lee, MD</i> Cedars-Sinai Palliative Care and Hospice Program: <i>Linda Gorman, MN, APRN, BC, CHPN</i> Kaiser Permanente, Hospice and Palliative Care: <i>Reverend James Kim, M.Div., PCC</i> <i>Mitzie Kryszan, RN, CHPA</i> Northridge Hospital Palliative Care Program: <i>Sharon Bashor, MSN, RN, CHPN</i> Osher Lifelong Learning Institute, CSU LA: <i>Connie Corley, PhD, LCSW</i> VITAS Innovative Hospice Care: <i>Susie Fishenfeld, MSN, RN, CHPN</i>

ACKNOWLEDGEMENT

*This program is made possible, in part, by
a generous grant provided by:*

ARCHSTONE FOUNDATION